

Work Well

Occupational Health

SERVICES

Nutrition Services

Nutritional Consultant Group or Individual

Registered Dietician provides educational or consulting services to meet your nutritional needs.

Corporate Nutrition Programs

Nutrition/Wellness presentations on a variety of topics to educate and motivate employees towards nutritional health.

Alcohol & Other Drug Testing

Breath Alcohol Test

Test must be done at CCH. Tests for recent alcohol use (within two hours). If test is positive, confirmatory test is conducted at CCH.

Drug Testing (collection only)

DOT or non-DOT urine collection sent out to the reference lab. Not available on-site.

Rapid Drug Screening

A six- or 10-panel drug screen with immediate results.

Infection Control

Tuberculosis Skin Test

A Registered Nurse conducts test (arm prick) and checks results between 48-72 hours later. Requires two visits.



 **COLUMBUS**
COMMUNITY HOSPITAL

Well into the future

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Employees are the most important asset of any business. Investing in the health of employees can help keep production up and costs down. We offer a variety of Occupational Health Services and we bring many services to you, saving you time and money. Let us help you maintain a healthy workforce, potentially lower your health care costs, and protect your investment . . . and all at a discounted corporate business fee.

If you are interested in a service not listed, please contact us. We can also offer a variety of educational services for business and industry. Thank you for considering us to help encourage a healthy and productive work environment.

For more information about Work Well, contact our Occupational Health Coordinator at 920-623-6432 or 800-549-7511.

Health & Wellness

Body Composition Screening

A special scale is used to measure body composition (muscle, fat and other tissue/bodily fluids). Gives daily calorie intake and recommendations.

Complete Health Risk Assessment

Blood sample (finger) is screened for the following tests: glucose, total cholesterol, HDL, LDL, and triglycerides. Biometric measurements are taken (blood pressure, weight, height, etc.). Results determine current health status and a detailed health analysis is provided.

Early Detection Health Assessment

A Registered Nurse performs a health assessment to determine overall wellness. Includes: blood pressure, pulse, respiration, temperature, weight/BMI, brief examination (head, eyes, ears, throat, lungs, extremities, and any other general concerns).

Glucose Screening

Blood screening (finger) for sugar levels that may indicate diabetes.

Lead Screening

Blood (arm) collection only—sample is sent out for testing.

Lipid Profile/Glucose

Blood screening (finger) for total cholesterol, HDL, LDL, non-HDL, glucose, and triglycerides. Provides good analysis of blood flow.

Education/Training

CPR/First Aid Training

A Certified American Heart Association and Red Cross Instructor/Trainer provides educational training.

Tobacco Cessation

Conducted by our Respiratory Therapists, this high-quality, effective class includes, visuals, support, class discussion, and monitoring.

Other Education

Workplace Violence Prevention
Blood Borne Pathogen Training

Vaccinations

Flu Vaccination

Vaccination covers one season.

Hepatitis B Vaccination

A series of three vaccinations, the second at least one month after the first, the third at least five months after the second.

Hepatitis B Vaccination Titer

Blood screen (arm) establishes immunity to Hepatitis B, performed six to eight weeks after the series of three is complete.

Tetanus and Diphtheria Vaccination

Vaccination to protect against tetanus and diphtheria—recommended every 10 years.

Occupational Health

Ergonomic Work-site Assessments

A therapist, trained in ergonomic studies, examines and verifies an adequate work environment as it relates to body positioning, body movements, and necessary activities to perform the job. A complete analysis is provided, with recommendations to help prevent work-related injuries, assist injured or recovering employees, and comply with the American Disabilities Act.

Pre-Placement Job Specific Evaluation

Designed to help employers assess an individual employee or applicant's ability to safely perform the essential functions of a specific job; assists employers in complying with the American Disabilities Act.

Work Conditioning

Assists an injured employee in attaining maximum function after an injury.

Audiograms

Basic hearing test. Audiologist available if further screening is needed.

Other Services

Industrial Pulmonary Function Test
Respiratory Mask Fit Testing for N95 Mask