

<b>Support Group Name</b>	<b>Location</b>	<b>Contact or Meeting Time</b>
<p><b>NAMI (National Alliance for the Mentally Ill)</b>  <b>AFFILIATES:</b>  <b>Sauk County</b></p> <p><b>Crisis line: 1800-533-5692</b></p>	<p><b>PO Box 371</b>  <b>Baraboo, WI 53913</b>  <b>Sauk Cty Human Services</b>  <b>425 6<sup>th</sup> St. Reedsburg</b></p>	<p><b>Fred Enfield, President</b>  <b>1<sup>st</sup> Wed. of Mon. @ Sauk Cty Human Services</b>  <b>6:30pm</b>  <b>608/768-5375     <a href="mailto:fredandbevenfield@verizon.net">fredandbevenfield@verizon.net</a></b></p>
<p><b>Mid-Central</b>  <b>Adams, Columbia, Juneau,</b>  <b>Marquette, Green Lake</b>  <b>County</b></p>	<p><b>PO Box 158</b>  <b>Westfield, WI 53964</b>  <b>Meets at Necedah Family Medical</b>  <b>Center, 1408 Wheelihan Ave.</b>  <b>Westfield</b></p>	<p><b>JoAnn Stephens, President 608/296-3373</b>  <b>4th Monday/ month 3:30-5pm</b>  <b>Lisa @608/548-6380</b>  <b>Bonnie @608/339-3730</b></p>
<p><b>Columbia County</b></p>	<p><b>Portage Public Library</b>  <b>253 West Edge Water St.</b></p>	<p><b>1<sup>st</sup> Wed. of Mon.</b>  <b>Samantha@608/566-1153</b>  <b>Loretta@ 608/742-4396 <a href="mailto:Red4You@verizon.net">Red4You@verizon.net</a></b></p>
<p><b>Alzheimers and Dementia Association of Wisconsin</b></p> <p><i>*Call or check website  May be subject to change</i></p> <p><i><a href="http://www.alz.org.scwisc">www.alz.org.scwisc</a></i></p> <p><b>Toll free: 1-800-308-6251</b></p>	<p><b>Columbia/Sauk Regional Office</b>  <b>2825 Hunter's Trail</b>  <b>Portage</b></p> <p><b>Reedsburg Area Senior Life Center</b>  <b>2350 North Dewey, Reedsburg</b></p> <p><b>Adams County</b></p> <p><b>St. Vincent de Paul Community Resource Center-1906 North St. Prairie du Sac</b></p> <p><b>Baraboo Caregivers (All issues)</b>  <b>West Square Building</b></p>	<p><b>Carol Olsen, Outreach Specialist @ 608-742-9055 or 608/963-2688</b></p> <p><b>3<sup>rd</sup> Wed. 1:30 pm Carol Olson @ 742-9055 or 963-2688</b>  <b><a href="mailto:Carol.olsen@alzwisc.org">Carol.olsen@alzwisc.org</a></b></p> <p><b>Dept. of Aging, Carol Johnson @ 608/ 339-4251</b>  <b>During business hrs.</b></p> <p><b>2<sup>nd</sup> Tues. 3:30-5 pm Joan Mack @644-0504 ext. 12</b></p> <p><b>Mary Jane @ 355-3289</b></p>

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<b>Aging and Disability Resource Centers</b>	<b>505 Broadway, Baraboo Columbia Co Columbia County Sauk County</b>	<b>Lori @ 742-9233 or 742-9210 Mary Jane @ 355-3289</b>
<b>Arthritis Support Group</b>	<b>Call for meeting</b>	<b>Al Zipsie @356-3785</b>
<b>Multiple Sclerosis Support Groups</b>	<b>Sauk Co.West Square Blding,  Divine Savior Hospital</b>	<b>Second Tues./month 7-9 pm Kristin Harding @ 608/963-9312  Karen @ 608/697-3814 3<sup>rd</sup> Sat. 10:00-Noon</b>
<b>Cancer Support Groups</b>	<b>American Cancer Society  United Methodist Church, Portage- 1804 New Pinery Rd.</b>	<b>Toll free: 1-800-227-2345  Bev @742-2281, cell:697-7548 3<sup>rd</sup> Monday 7pm</b>
<b>Breast Cancer Support Group “Bosom Buddies” 2 locations</b>	<b>St. Clare Hospital, Baraboo Sauk Prairie Hospital Devil’s Lake Room</b>	<b>2<sup>nd</sup> Monday, 7-9pm Pam Schreiner @ 608/ 279-2908 4<sup>th</sup> Wed. 7-9pm Pam Schreiner @ 608/279-2908</b>
<b>Growing Through Grief</b>	<b>1<sup>st</sup> United Meth.Church, Baraboo</b>	<b>Offered 3x annually, For dates call Kathy @ 356-3991</b>
<b>Grief Support Group</b>	<b>Divine Savior Hospital Chapel</b>	<b>Tues. 3:30-4:30pm call Lavonne @608/745-5121</b>
<b>Grief Support Group (5 week program)</b>	<b>Reedsburg Area Medical Center</b>	<b>Tami @ 608/768-6249 Check website for dates</b>
<b>Enduring Loss Together (Child)</b>	<b>Divine Savior Hospital</b>	<b>Daycia @ 608/745-5114 3<sup>rd</sup> Mon. 6:30 pm</b>
<b>Pregnancy and Infant Loss</b>	<b>St. Clare Hospital</b>	<b>Call Lois @ 356-1520 (Individual support)</b>

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<b>Diabetes Support Groups:</b>	<p>St. Clare Hospital</p> <p>Walnut Hill Bible Church, Baraboo</p> <p>Divine Savior Hospital</p> <p>Prairie Clinic, Sauk City 112 Helen St. Second floor waiting room</p>	<p>Melanie @ 356-1510 Adult group: 1<sup>st</sup> Thurs. 6:30p Ringling Room</p> <p>Parent/Child group: 3<sup>rd</sup> Thurs. 6:30pm Melanie @356-1510</p> <p>Kelly @ 608/742-4131 2<sup>nd</sup> Mon. 1:30-2:30pm Café Room A/B</p> <p>Carlene @608/643-3351 3<sup>rd</sup> Tues.6-7pm (No meetings in Dec./Jan.)</p>
<b>Parkinson's Support Group</b>	<p>1<sup>st</sup> Congreg. UCC-Baraboo 131 6<sup>th</sup> Ave.</p> <p>Asbury United Methodist Church 6101 University Ave., Madison</p>	<p>3<sup>rd</sup> Monday 2-4pm Geri @ 356-3473 Sylvia @356-7096</p> <p>Jessica @ UW-Health 608/229-7628 3<sup>rd</sup> Thur. of Mon. 7-9pm</p>
<b>Domestic Abuse Support Group</b>	<p>Hope House-Baraboo Business Office: 925 Lake St. Helpline</p>	<p>Tuesdays 6:00-7:30 pm 356-7500 (Crisis line: 356-7500;1-800-584-5692) Business Office: 608/356-9123</p>
<b>Stroke Support Group</b>	<p>Fusch Community Center-behind Reedsburg Area Medical Center</p>	<p>2<sup>nd</sup> Tuesday Tami @768-6249 1:30-3pm March-May, Sept.-Nov.</p>
<b>Breastfeeding Support Groups: Lactation Support</b>	<p>Divine Savior-Portage Classroom C</p>	<p>Kathy @ 745-5696 1<sup>st</sup> Monday 10:30-12 noon</p>
<b>Breast feeding Consultants</b>	<p>Lake Delton Integrative Medicine Clinic (254-5400)</p> <p>St. Clare Hospital</p>	<p>2<sup>nd</sup> Tues. 10:00am Wendi @ 608/493-9994</p> <p>Wendi @356-1523</p>

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Mothers of Preschoolers	St. Paul's Lutheran Church 727 8 <sup>th</sup> St. Baraboo	1 <sup>st</sup> & 3 <sup>rd</sup> Thurs. 9:00-11am Collette @ 355-0366 Autumn @ 356-9515
Huntington's Support Group	Attic Angels 8301 Old Sauk Rd., Middleton	Jean @ 1-877-330-2699 Call for schedule
Coalition for the Homeless-Helpline	Sauk County	Linda @ 1-888-472-8526 or 608/356-2086
	St. Vincent dePaul-Baraboo	Tom Kolb @ 356-4649 until noon,
	St. Vincent dePaul-Prairie du Sac	Rosie @ 644-0504 ext. 10 (Help with rent or utility)
	Wisconsin Dells/Lake Delton	Chris or Virginia @ 254-4011 ext.1 (Tuesdays/Thursdays) Appointments from 12 to 3pm
Homeless Shelters	Reedsburg-Ozanam House Women and Children 139 S. Webb	Bonnie @ 608/768-0040 608/524-7714 (St. Vincent de Paul)
	Portage--River Haven	Laurie @608/742-7687 Mon.-Fri.
Rental Assistance	Community Action—Portage	Wendy @ 742-3320
Sauk County Birth to Three Intervention program and Autism Svcs	Sauk County Human Services-- Access	Mon.-Fri. 8am-4:30 pm 355-4200
SIDS Risk info and training	Coordinated Child Care Inc. (4-C) Madison	Penny @ 608/271-9181 <a href="http://www.4-C.org">www.4-C.org</a> for list of support groups
Cerebral Palsy Support	UPC-Madison	Barbara@ 246-6100

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<p>Aging and Disability Resource Centers</p> <p>Sauk County Resource Guide</p> <p>Columbia County Resources</p>	<p>Columbia County Family Resource Center-Portage</p> <p>Sauk County-Baraboo</p>	<p>Lori @ 742-9233 or 742-9210</p> <p>Crisis line for Elder Abuse: 1-888-742-9233</p> <p>Trish or Lisa @ 355-3289</p> <p><a href="http://www.rsd.k12.wi.us/saukcountyresourceguide08.cfm">www.rsd.k12.wi.us/saukcountyresourceguide08.cfm</a></p> <p><a href="http://www.co.columbia.wi.us/ColumbiaCounty/hhs/HealthHumanServiceHomePage">http://www.co.columbia.wi.us/ColumbiaCounty/hhs/HealthHumanServiceHomePage</a></p>
<p>Dean Health System Support Groups</p> <p>Wisconsin Quit Smoking Hotline</p> <p>Freedom From Smoking American Lung Assn</p>	<p>Madison area</p> <p>Portage</p> <p>Online</p>	<p><a href="http://www.deancare.com/dhs/support_groups/">www.deancare.com/dhs/support_groups/</a></p> <p>1-800-Quit-Now (1-800-784-8669)</p> <p><a href="http://www.ctri.wisc.edu/Home/Quit.Line.Home.html">www.ctri.wisc.edu/Home/Quit.Line.Home.html</a></p> <p>Sue Dreyer @ 608/742-1453</p> <p>Cost \$50 + materials (\$25)</p> <p><a href="http://www.ffsonline.org/">http://www.ffsonline.org/</a></p>

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AA Meeting	Baraboo Civic Center	Mon. Wed. Thurs. and Fri. 8pm Thursdays 7pm	
Narcotics Anonymous groups	Trinity Episcopal Church, Baraboo  117 ½ E. Cook St ., Portage In the basement of Rhyme's	Tuesdays 7pm  Mondays 6pm	1-800-240-0276 24 hour helpline  Helpline: 800/240-0276
Overeaters Anonymous	St. Clare Hospital-Baraboo	Tuesdays 7-8:30pm	Leopold or Ringling room

*St. Clare Hospital and Health Services:*

<b>DAYS</b>	<b>TIMES</b>	<b>MEETING NAMES</b>	<b>ROOM</b>
<b>Sunday</b>	<b>10:00 a.m.-12n.</b>	<b>Narcotics Anonymous</b>	<b>St. Clare Hospital lower level HoChunk room</b>
	<b>6:00-7:30 p.m.</b>	<b>Info Line: 1-866-590-2648</b>	<b>St. Clare Center 1510 Jefferson St.</b>
	<b>7:00-8:00 p.m.</b>	<b>Alcoholics Anonymous</b>	<b>St. Paul's Lutheran Church, 727 8<sup>th</sup> St. Baraboo</b>
<b>Monday</b>	<b>7:30 p.m. – 8:30 p.m.</b>	<b>Al Anon</b>	<b>St. Clare Center 1510 Jefferson St.</b>
<b>Tuesday</b>	<b>7:00 p.m. – 8:00 p.m.</b>	<b>Alcoholics Anonymous</b>	<b>St. Paul's Lutheran Church, 727 8<sup>th</sup> St. Baraboo</b>
	<b>7:00 p.m. – 8:00 p.m.</b>	<b>Overeaters Anonymous</b>	<b>HoChunk Room Lynn @ 643-6713</b>
<b>Wednesday</b>	<b>7:30 p.m.-8:30 p.m.</b>	<b>Gamblers Anonymous</b>	<b>Ho-Chunk</b>
	<b>7:00 p.m.-8:00 p.m.</b>	<b>Narcotics Anonymous</b>	<b>Unity Church, Wisconsin Dells</b>
<b>Saturday</b>	<b>12:00 n – 1:00 p.m.</b>	<b>Narcotics Anonymous</b>	<b>St. Clare Hospital Ho-Chunk Rm</b>
	<b>Every 3<sup>rd</sup> Saturday-NA speaker &amp; potluck 6-8 p.m.</b>	<b>Narcotics Anonymous</b>	<b>St. Clare Hospital lower level</b>
	<b>9:00 a.m. – 10:00 a.m.</b>	<b>Alcoholics Anonymous</b>	<b>St. Clare Hospital Second floor South conference rooms</b>
	<b>6:00-9:00 p.m.</b>	<b>Alcoholics Anonymous</b>	<b>Ringling Room</b>

Gamblers Anonymous Anon Contact: John and Alice @ 356-7066

**Crisis Line:**

**Alcohol ad Other Drug Abuse: St. Clare Center: 1800-433-2688**



*Sauk/Columbia Area*  
**SUPPORT GROUPS**  
*And*  
**Community Resources**

For additional information, contact:

Cathy Schmitz Couillard @ 608/356-1586

St. Clare Hospital and Health Services, Baraboo

Updated June 2011